

NSS Reports from 5th June 2023 to 30th June 2023

NSS Unit,

Digboi Mahila Mahavidyalaya

5th June 2023

(World Environment Day)

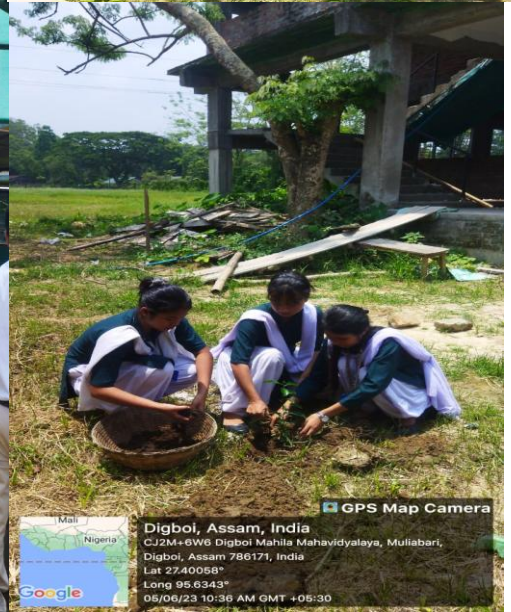
On June 5, 2023, NSS Unit of Digboi Mahila Mahavidyalaya enthusiastically celebrated World Environment Day, focusing on raising awareness about environmental issues and promoting sustainable practices. The event was organized in the presence of 150 NSS volunteers, esteemed Principal of DMM, Dr. Sanjita Chetia, and distinguished faculty members, including Dr. Pankaj Luchan Gogoi IQAC Coordinator of DMM.

The day commenced with an essay writing competition, where students passionately shared their perspectives on environmental conservation and sustainable development. This was followed by an engaging quiz that tested the participants' knowledge on various environmental topics, encouraging a deeper understanding of the importance of our ecosystem.

An artistic display unfolded during the drawing competition, allowing the students to creatively illustrate their concern for environmental preservation. The highlight of the event was a tree plantation drive, symbolizing the commitment of DMM towards a greener future. Principal Dr. Sanjita Chetia and Dr. Pankaj Luchan Gogoi, Dr. Manik Konch, program Officer of NSS Unit of DMM actively participated, setting an example for all.

This celebration emphasized the college's dedication to fostering a sense of responsibility and respect for the environment among the student community, contributing to a sustainable and ecologically conscious society.

Following photographs are clicked during the events:



10th June, 2023

Amrit Sagar Abhiyan

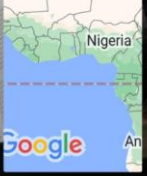
On July 10, 2023, NSS Unit of Digboi Mahila Mahavidyalaya passionately observed the "Amrit Sagar Abhiyan" to raise awareness about environmental sustainability and the imperative need for a plastic-free Earth. Dr. Antora Bora, Assistant Professor of Sociology, delivered an insightful lecture on the detrimental effects of plastic pollution and the importance of adopting eco-friendly alternatives.

The event featured a quiz, engaging students in thought-provoking questions about environmental preservation and sustainable practices. Following this, a drawing competition allowed the students to express their creativity and highlight their commitment to a cleaner and healthier planet.

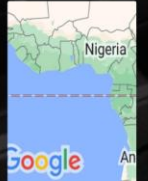
The Amrit Sagar Abhiyan program was inaugurated by the esteemed Principal of DMM, Dr. Sanjita Chetia, along with other faculty members, emphasizing the college's dedication to environmental conservation. In the presence of 50 NSS volunteers, the initiative was launched with the symbolic planting of saplings, signifying growth, renewal, and the college's aspiration for a greener and sustainable future.

The event successfully reinforced the importance of collective action and responsible choices in striving for a plastic-free environment and a better world for generations to come.

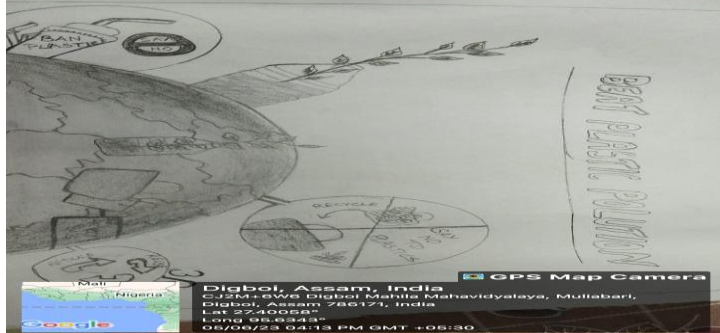
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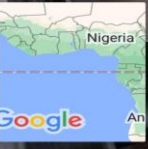
Digboi, Assam, India
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Assam 786171, India
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Long 95.6343°
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20th & 21 June 2023

Two Days Workshop on International Yoga Day at Digboi Mahila Mahavidyalaya

In celebration of International Yoga Day, Digboi Mahila Mahavidyalaya's NSS Unit collaborated with the NCC of DMM to organize a transformative Two Days Workshop which was held from 20th June to 21st June 2023. The event aimed to highlight the holistic benefits of yoga and promote a healthy lifestyle. Mr. Sukhmay Nath, a State Level Certified Yoga Instructor, conducted the workshop, sharing his expertise and insights into the ancient practice of yoga.

The workshop commenced with an inaugural ceremony graced by the Vice-Principal of DMM, Dr. Jovial Kalita, and attended by enthusiastic faculty members, NSS volunteers, and NCC students. Dr. Kalita emphasized the importance of yoga in achieving physical and mental well-being and encouraged active participation.

Mr. Sukhmay Nath guided participants through various yoga postures, breathing techniques, and meditation practices. The attendees actively engaged in the sessions, experiencing the rejuvenating and calming effects of yoga. The workshop successfully showcased the positive impact of yoga on one's physical health, mental clarity, and emotional balance.

The event received overwhelming appreciation from the participants, who found the workshop enlightening and enriching. This initiative underscored the college's commitment to holistic development and the promotion of a healthy and harmonious lifestyle, aligning with the essence of International Yoga Day.

Following photographs are clicked during the events:





